KeepSafe Connections

Harris Center for Mental Health and IDD

Mental Health Support Services 713-970-7000

National Suicide Prevention Life Line

Mental Health Support Services 1-800-273-8255

Crisis Intervention of Houston (CIH)

Mental Health Support Services 832-416-1177 or 832-416-1199 (Teen)

Mental Health America

Mental Health Support Services 713-523-8963

National Alliance on Mental Illness

Mental Health Support Services 713-970-4419/namimetro.org

Depression & Bipolar Support Alliance

Mental Health Support Services 713-600-1131/dbsahouston.org

Bay Area Turning Point

Rape/Sexual Assault Center 281-286-2525

National Human Trafficking Hotline

Rape/Sexual Assault Center 1-888-373-7888

Fort Bend Women's Center

Domestic Violence/Sexual Abuse Hotline

281-342-4357

Houston Area Women's Center

Domestic Violence/Sexual Abuse Hotline

713-528-2121

Child Protective Services

Child Abuse Hotline 1-800-252-5400

Covenant House

Youth Shelter 713-523-2231

FSCAPE

Children's Services 713-942-9500

Community Youth Services

School Student Services 713-295-2500

Planned Parenthood

Family Planning 713-522-6363

Family Services of Houston

Family Support Services 713-861-4849

Ben Taub General Hospital

Hospital Emergency Services 713-873-2000

Harris Health System

713-634-1000

The Council on Recovery

Substance Abuse Counseling

713-914-0556

Alcoholics Anonymous

Support Groups 713-942-4100

GLBTQ Switchboard

Gender/Sexual Identity

713-529-3211

Montrose Counseling Center

Gender/Sexual Identity

713-529-0037

Catholic Charities

Faith Based Support

713-526-4611

Northwest Assistance Ministry

Faith Based Support 281-885-4555

The Gathering Place

Social/Vocational Support

713-729-3499

Star of Hope

Emergency Shelters

713-227-8900

The Trevor Project

LGBTQ+ Hotline

1-866-488-7386

The Harris Center for Mental Health and IDD—Community Outreach Department

713-970-3996

Carroll Prasad

Cristian Martinez

Ashley Whitley

Amy Tompkins

CommunityOutreach@TheHarrisCenter.org